

## The Stim List.txt

### VISUAL:

dangling strings

shaking toys

wiggling fingers--in front of or to the side of face---most often in exactly the same spot

lining up toys

repeatedly stacking toys and knocking them down --excessively

spinning wheels on toy cars/trucks

pushing toy trucks and cars while tilting head to watch wheels

watching out the window at cars driving by

staring out window

watching dust specks in the air

watching ceiling fans

staring at dining room lights

looking sideways and/or upside down at TV

nose on TV

flipping pages without looking at pictures

flipping toys

wall walking

opening/shutting drawers and doors

spinning bowls

spinning toys

walking in patterns

pacing

splashing

watching water

running sand/beans etc. through hands while watching

spinning coins

looking at maps with nose about 1" away

following roads on map with nose

box hopping or lining up chairs, laundry baskets, boxes and storage

## The Stim List.txt

containers in a path and stepping from one to another

rocking:

from foot to foot

back and forth while sitting

side to side while sitting

throwing or dropping toys over and over

throwing toys over shoulder

picking fuzz

shredding paper

looking out car window with peripheral vision (while giggling)

walking down hall with head to one side

standing on head on furniture

running in circles

rewind video while watching it rewind

excessive drawing

rubbing pencils together

watching own reflection in doorknobs, toasters, windows at night, oven door, shiny faucets, tv screen when off, clean cars, blank computer screens and mirrors

holding up small toys (usually characters) in front of TV while video is going

perseverating on Thomas the Tank or other train stuff

turning head in light patterns made by blinds

obsessively pouring a "slinky" from hand to hand

watching a yoyo with peripheral vision over and over

multiple cartwheels frequently and excessively

head shaking

spinning own body or twirling around

twirling self under own arm which is against a wall

dangling pieces of grass or twigs

twirling long hair or braids (girls) in peripheral vision

## The Stim List.txt

### VERBAL or AUDITORY:

blurting out loud and/or high pitched noises  
Repetition of odd noises/sounds  
talking to self-- excessive and nondirective  
echolalia of phrases, movies, songs.....  
humming  
nose humming  
banging on everything  
throat sound--compulsive  
pounding toys or books  
excessive giggling  
excessive pretend play  
electronic games that repeat  
inappropriate giggling (often a sign that they are stimming)  
repeating a video scene over and over  
telling the same story over and over  
constantly singing  
reciting alphabet over and over

### TACTILE:

chewing on insides of cheeks  
rubbing clothing between fingers  
biting fingernails  
chewing fingernails  
scratching obsessively/to bleeding  
head banging  
teeth grinding  
spitting  
grabbing someone's arm with both hands and squeezing with head against arm  
rubbing face/hands

## The Stim List.txt

bobbing up and down with top part of body while sitting in chair  
sucking on tongue

### VESTIBULAR:

spinning  
rocking  
swinging

### OTHER:

excessive pretending  
acting out a movie scene repeatedly  
sharpening and sharpening and sharpening pencils  
writing numbers or days of the week over and over